

BIOGRAPHY

CAROLYN STERN

Carolyn Stern is the President and *CEO of EI Experience*—an executive leadership development and emotional intelligence training firm.

She is a certified Emotional Intelligence and Leadership Development Expert, Certified Speaking Professional®, corporate trainer, award-winning author, and university professor.

Since launching her book, *The Emotionally Strong Leader: An Inside-Out Journey to Transformational Leadership*, Carolyn has quickly gained acclaim following her appearances on The Social, CTV Your Morning, Daytime Chicago, Global TV, Slice TV, OWN, Lifetime TV, MovieTime, Prime, and Tubi.

Her book was awarded the Axiom Book Award for the Best Business Book in 2023 in the leadership category and the 2022 Foreword INDIES Book of the Year Award in the career category.

She has also been featured in various media outlets across the globe, including Forbes, Fast Company, The European Business Review, The Globe and Mail, and Inc.com.

Carolyn's emotional intelligence courses and modules have been adopted by top universities, and she has trained over 50,000 business leaders across the continent in highly regarded corporations.

